## Mentoring Check List for Referees

Appearance: Did the referee

- Arrive at least 20 minutes before the match started?
- Wear proper uniform (referee shirt, shorts, socks, \& badge)?
- Bring watch, whistle, \& pen or pencil?

Pregame: Did the referee

- Conduct good pre-game briefing with the AR's?
- Introduce the referee team to the coaches \& players?
- Check players' equipment for both teams?
- Get game lineup cards from each coach?
- Check game balls for size, inflation, \& damage?
- Conduct coin toss with the team captains?
- Count number of players before kick-off without pointing finger?

Communication: Did the referee

- Give clear pre-game instructions to the AR's?
- Maintain frequent eye contact with the AR's?
- Respond promptly to flag signals from the AR's?
- Treat both AR's with respect?

Positioning: Did the referee

- Keep play between the referee and an AR?
- Remain close to play (20-25 yards or less)?
- Take proper positions on restarts?

Signaling: Did the referee

- Whistle with authority?
- Use proper hand signals?
- Communicate effectively to players verbally?

Mechanics: Did the referee

- Apply the Laws correctly?
- Use proper restart techniques?
- Demonstrate good foul recognition?
- Administer free kicks properly?

Attitude: Did the referee

- Display a positive and respectful attitude toward players \& coaches?
- Act in a friendly manner without familiarity?
- Show credibility and decisiveness in decisions \& responses?
- Remain positive even when applying discipline?

